

You are invited to set out on a transformative journey of self-discovery

The 12 Steps

A Spiritual Journey

“We are not human beings having a spiritual experience; we are spiritual beings having a human experience.”

Pierre Teilhard de Chardin



A group will gather in September to explore themes like inner peace and unlocking our potential. The Twelve Steps, designed by Alcoholics Anonymous, provide a framework in which we can explore where we are and where we would like to be. You do not need to be an alcoholic to benefit from learning about the Steps. People in this program may hold strong religious beliefs, or they may hold none. Spirituality and Religion are not the same thing, as we will discuss. An open mind, an open heart, and a willingness to explore new ideas are all that are required.

To register, email 12ssj2024@gmail.com.
There is no registration fee. The only cost
is the price of the program workbook (\$30).

Group sessions will be around an hour each at
The Lantern on 35 Barnes Rd. Join us every
Tuesday at 7:30pm, Sep 2nd through Dec 2nd.